

CORE ENERGETICS TRAINING CONTRACT

Academic Year 2026 – 2027



PERSONAL INFORMATION

Full Name:	
Date of Birth:	
Full Address:	
Postcode / City / Country:	
Email:	
Today's Date:	

Program: ☐ 4-Year Professional Training ☐ Postgraduate Training ☐ Transformational Training (Living Core)

Training Year: ☐ Year 1 ☐ Year 2 ☐ Year 3 ☐ Year 4

CONTRACT

The purpose of this document is to serve you as a guideline in relation with certain policies and procedures of the Institute and its programs.

Welcome to the Institute of Core Energetics Greece

We give you a warm welcome to our training program.

It is our intention to support your development, professionally and personally, through experiences and training that our Institute offers. We hope that you find our training program challenging and enriching.

The Institute of Core Energetics Greece is an educational institution. Its mission is to provide training in Body Centered psychotherapy. We focus on the integration of body, emotions, mind and spirit. Our curriculum emphasizes the synthesis of all experience and provides a theory, technique and practice, which will integrate your learning significantly.

Our perspective is underlined by three fundamental principles: trust in the wisdom of the psycho-body, value in the intrinsic meaning of all experience, acceptance that a "community" is a space which contains and catalyzes growth.

We are committed to promoting evolutionary process as the task which, if allowed, can heal individuals and the world.

The Institute is dedicated to cultivating the understanding, appreciation and valuing of all cultures, religious beliefs and sexual expressions.

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It is our belief that when we embody our strength, gifts, and notion of self-responsibility, we make a big difference in our world.

1. Housing and Nutrition

Dolphin Hotel, in Kalamos, the physical space where we hold our training, is a place which lends its services to diverse groups and has its own policies and procedures. The food is of good quality. The rooms are simple and clean and are designed to house from one to three people.

In the first module, we will assign students into rooms on the basis of certain criteria. If for some reason you do not like to stay in the room you are in, it is very important that you contact us and describe your concern. If possible, we will switch your room. The room you are assigned in the first module may be different than that of subsequent modules, even though the Hotel will do everything possible to offer the best accommodations to our community.

Dolphin Hotel is a safe place and its personnel are trustworthy. Nevertheless, as there are other groups occasionally housed on the premises, we suggest that any valuables are put away in your car, in your suitcase, or in a case with a lock. Neither the Hotel nor the Institute will be responsible for any lost items.

All issues related to housing and nutrition will be treated through the Institute staff. All proposals and suggestions are welcome — our wish is to give you our best service.

2. Your Responsibilities as a Student

- Pay your tuition on time and as agreed.
- Be present at class and community events on time. Any absence needs to be communicated with the coordinator. The maximum absence permitted, without requiring a makeup, is one per year.
- Prepare the homework and readings assigned in every module. These assignments are designed to help you understand the topics that will be taught as you come together on the weekend.
- Abstain from using alcohol or drugs of any kind during the modules. The Institute considers the use and abuse of substances that promote unconsciousness, ungroundedness, and avoidance of the self to be a violation of the purpose of the training, as well as a possible violation of the rights of other students.
- Be in individual therapy with a bodily focused therapist for a minimum of 24 sessions per year (the Institute maintains a list of body-psychotherapists it can recommend).

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- Obtain approval from the teaching staff for your choice of therapist, unless the therapist is already a graduate and certificate holder of a Core Energetics Institute, and record sessions on the therapy form supplied by the Institute.
- Inform the Institute promptly of any changes to your address, telephone number, or email.

3. Class Participation

We have three fundamental rules:

- Take care of yourself (your physical and emotional integrity).
- Take care of others (their physical and emotional integrity).
- Take care of the place and your work equipment.

As a student you are responsible for your own security. If you have physical limitations or injuries that limit your active participation in class, tell your teacher or assistant and take care of your own limits.

The Institute invites educators who are highly capable and diverse, nationally and internationally. Professors are chosen for their experience and knowledge, and the different styles of these teachers contribute diversity and wealth to our learning. If you would like to know more about our teaching staff, please visit our website.

4. Supervision and Peer Group (Years 3 and 4)

- Complete 15 hours of group supervision across the 3rd and 4th years, with supervisors determined by the Associate Director.
- Complete individual supervision with an Institute-approved supervisor: a minimum of 12 sessions in Year 3 and 25 sessions in Year 4.
- In Year 4, form and actively participate in a peer group that meets at least four times per year and submit a report of each meeting to the School Assistant.
- Work with clients only once approved by the Institute's Evaluation Committee and inform all clients that they are being seen by a supervised trainee.

5. Avoiding Being Hurt in the Training Groups and Workshops

The fundamental objective of the Institute is to offer opportunities for learning, growth, and healing. It is a space where students and teachers can explore and clarify the entire spectrum of our feelings, reactions, and ways of relating — a space that invites our need for vulnerability and intimacy, and that needs to be taken care of.

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In accordance with the above, the Institute invites and encourages the experience of feelings and emotions of any nature, with the intention of repair and healing, and the understanding that one is careful not to harm oneself or any other person. At the same time, the Institute neither encourages nor permits behaviors or expressions that may cause possible harm, physical or emotional, to any participant or to the group.

Attraction – Sexuality

The feeling of attraction or seduction between participants, when it is acted upon (including outside of group time), needs to be addressed as part of the important process within the group. Simply acting on it risks recreating wounds or hurtful interactions rather than encouraging growth. Intimate connections between students (sexual, friendly, or otherwise) need to be shared within the group and processed as part of the group's dynamics. Sexual relations are not permitted between teachers or teachers' assistants and students.

Conflict – Aggression

The Institute does not condone violence, verbal or physical, nor does it permit destruction of the facilities or equipment. Individuals in conflict are invited to follow proper protocol, mobilizing the energy of aggression in a way that brings no harm to oneself or a third party, but leads instead to greater consciousness and healing.

Substance Use and/or Alcohol

As the fundamental objective of the Institute is to promote growth and expansion of consciousness, we do not permit the use of alcohol or drugs of any kind. If these rules are not followed, you are at risk of being expelled from the program.

6. Confidentiality

- Preserve, during and after the program, the privacy and confidentiality of the identity, personal history, and disclosures of other trainees encountered through group activities or group therapy.
- Not disclose, publicize, or otherwise use any such information, photograph, or reference without the concerned person's consent.

7. Ethics

The Institute is guided by the Code of Ethics of the International Association of Core Energetics (IACE). Any ethical concern should be raised, wherever possible, directly with the person concerned, informally with the support of an objective third party, or with the Director,

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who will bring the matter to the faculty and, where appropriate, to the Institute's Ethics Committee.

8. Right of the Institute to Evaluate and Terminate

The Institute reserves the right to continuously assess the Trainee's academic, professional, and ethical conduct throughout the training year. The Institute's administration may terminate this Contract at any point during the academic year if the Trainee fails to meet the academic or practical requirements of the program, engages in conduct inconsistent with the Institute's ethical guidelines, undermines the safety or cohesion of the learning environment, or is judged by the faculty or administrative board to be unsuited to the profession of body psychotherapy. Except where the concern involves an immediate safety risk, the Trainee will be informed in writing of the concerns raised and, where feasible, given an opportunity to respond before a final decision is made.

9. Certification and Graduation

Graduation from the 4-year Professional Training, and any subsequent Preliminary Certification or Certification as a Core Energetics Practitioner, are subject to the requirements set out in the Student Handbook then in force, including completion of assigned coursework, individual therapy and supervision hours, client work, live supervision examination, and satisfaction of all financial commitments to the Institute.

10. Use of the Core Energetics Name and Trademark

The Trainee acknowledges that "Core Energetics" and associated marks are the property of their respective rights holders and agrees to use the Institute's name and any professional designation obtained through this program only in accordance with the Institute's guidelines and only once the relevant certification has been received.

11. TUITION AND PAYMENT POLICY

Please read carefully:

Training has a cost of €3,000/year (€600 per module + 24% VPA/VAT) for the cycle of 2026–2027. This cost may increase annually depending on conditions of the economy.

Please indicate below the payment schedule which fits your needs; the specific installment plan is confirmed with the Institute prior to the first module.

Payment will be made in cash or by bank deposit. If paid in cash, it is payable for each module on Thursday morning before entering class, or at the latest during the lunch break of

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that Thursday; this fee will be collected by the person assigned to the task by the administration. If payment is by bank deposit, it should be received by the bank by closing time on the Wednesday prior to the module. For students who wish to make a bank transfer, the Institute will provide a bank account for use prior to the first module.

Cancellation Policy

If a student misses a module for reasons not caused by the Institute, the payment for that module must still be made on the specified date; the student must inform the coordinator and agree on how payment will be made. It is possible to make up the module in the year following graduation without additional charge. The student is required to commit to pay in full for each module regardless of attendance; replacement of the module is optional unless the student has reached their limit of absences.

Deposits will only be returned if cancellations are made two weeks prior to the start of the academic year.

Housing and food costs depend on the type of accommodation chosen at Kalamos and are paid directly to the Hotel at the beginning of the module; a bank transfer is not possible for this fee. If a student fails to pay three tuition installments, they will be asked to leave the program; occasional exceptions may be offered in case of exceptional circumstances.

For any clarifications, comments, or suggestions, you are welcome to contact us at assistcoreenergeticsgreece@gmail.com.

12. Governing Law

This Contract is governed by the laws of Greece. Any dispute arising from or in connection with this Contract shall be subject to the jurisdiction of the courts of Athens, Greece.

13. Annual Renewal

This Contract applies solely to the academic year stated above. Participation in the training program in any subsequent academic year requires the Trainee to review and execute an updated Training Contract reflecting that year's curriculum, schedule, and institutional policies.

ACKNOWLEDGEMENT AND SIGNATURES

Thank you and welcome! I hereby accept that I have read and agreed with the policies and practices of the Institute of Core Energetics – Greece, as stated in this document.

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Trainee Signature

Date

For the Institute of Core Energetics – Greece

Date